

HELP US BY SAVING YOUR:

Used Postage Stamps – for Leprosy Relief
Campbell's Soup Labels – for Education Programs
Zehrs Cash Register Tapes – to convert to cash
Aluminum Cans - to Habitat for Humanity

*All of the above can be placed in the appropriate slots
in the container at the Welcome Centre and the Aluminum
Cans placed in the appropriate holder in the Church Hall*

THE SACRAMENT OF HOLY COMMUNION
WILL BE HELD AT ST. ANDREW'S
ON THE FIRST SUNDAY OF
MARCH, JUNE, OCTOBER AND DECEMBER.

Please note that the administrator's e-mail address has
closed down. All e-mail correspondence should be
directed to mailbox@standrewsguelph.com

The '**INSPIRE**' is a monthly communication resource of:

ST. ANDREW'S PRESBYTERIAN CHURCH

161 Norfolk Street, Guelph, ON N1H 4J8
phone. 519.822.4772 fax. 519.822.3525

mailbox@standrewsguelph.com

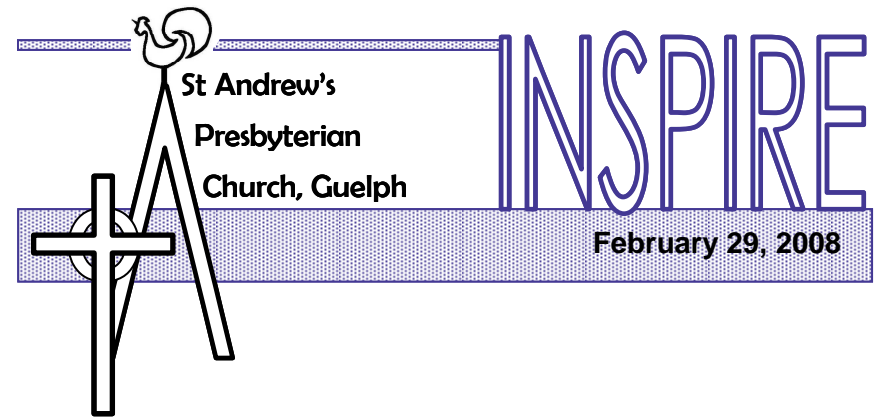
www.standrewsguelph.com

Pastoral Staff

Rev. John Borthwick	revjohn@standrewsguelph.com
Karen Dimock	Student Minister
Fred Gingrich	Director of Music
Angie VanWingerden	Executive Ministry Assistant
Matt Foxall	Youth Team Leader
Jenny Emerson	Church School Team Leader

Sunday Services

10:30 a.m.



A Complaint Free World

I heard recently about a church in the United States that was advocating a 'bracelet program' (like white ONE or the yellow Lance Armstrong ones) entitled 'A Complaint Free World'. Well, I had to check it out. You can't be involved with people without experiencing the joys and challenges of complaining, gossiping, or criticizing. Certainly the Church as a global institution is not immune to such issues.

So here is the idea, scientists believe it takes 21 days to form a new habit and complaining is habitual for most of us. As Twain said, we must coax our old behavior down the stairs. The purple (very LENTEN colour) bracelet is a powerful tool to remind you of how well you are creating your life with positive intention.

Begin by wearing the bracelet on either wrist. When you catch yourself complaining, gossiping or criticizing (it's ok, everyone does) move the bracelet to the other arm and begin again.

If you hear someone else who is wearing a bracelet complain, you may point out their need to switch the bracelet to the other arm; BUT if you're going to do this, you must move your bracelet first!

Stay with it. It may take many months but when you reach 21 days you will find that your entire life is happier, more loving and more enjoyable. I'd encourage you to mark this Lenten season by embracing the intent of this campaign. If you like, drop by the Church Office for your own purple bracelet (a small donation

would be appreciated to offset costs, don't complain about that now!)

Poet Maya Angelou has said, "If you don't like something, change it. If you can't change it, change your attitude. Don't complain." May we mark a holy Lent together.

Yours in Christ,
John.

Breakfast @ St. Andrew's: A New Inclusive Initiative

Last month, the Men's Breakfast underwent a revolution. We welcomed the women of the congregation and members of our local community to join us at our tables. For years, the Men of the church gathered for breakfast, dynamic speakers and lively discussion. Under the capable leadership of Don Bower and his team, this ministry provided an alternative opportunity for education and fellowship. Don worked tirelessly to ensure the success of this venture. In January, the men honoured Don's life with a moment of silence prior to sitting down together. We as a community of faith join Don's family in mourning his death and celebrating his life. Many of us were concerned with the future viability of this ministry that Don was an integral part of. We had already seen Morning's Light, a breakfast program for women conclude its ministry in 2007. We felt it was time for a change.

Welcome to **Breakfast @ St. Andrew's**, an inclusive breakfast program for all ages, genders, and people. Breakfast will be served at 8:30AM in the Church Hall. Our guest speakers will begin just after 9:00AM and we try to conclude around 10:15AM. Suggestions for topics or guest speakers are always welcome. Please contact Rev. John if you know of someone or would like to suggest a topic for discussion. Won't you join us and bring a friend too.



Friday Brown Bag... and Good Food, Good Book, and Good Nite...

featured book... Pulitzer Prize winning novel...
To Kill a Mockingbird
by Harper Lee



High school English students take note! On **Friday March 28th**, our book clubs continue at their usual times. **The Brown Bag** starts at 12:15pm in the Parlour and all you are required to bring is yourself and a bag lunch. Rev. John provides the engaging conversation.

Good Food, Good Book, and Good Nite begins at 6:30pm in the Parlour. Seating is limited and reservations are necessary. Dinner is provided at cost.

There is always a space available for newcomers. As with FBB, reading the book is not a requirement. Rev. John offers leadership at this group too. Please reserve your spot at the table by calling the Church Office (519.822.4772) or for more information, contact Rev. John.

St. Andrew's Book Clubs **ADVANCE NOTICE:** Book List for Winter/Spring 2008



For those who want to read ahead!

**April – The Other Side of the Bridge
Mary Lawson**

There will be no book clubs in May. The Friday Brown Bag and Good Food, Good Book, and Good Nite will

return again in September.

A Trail of Lenten Despair & Easter Celebration!

**Sunday March 16th
@ 10:30AM**

PALM SUNDAY

A service commemorating Jesus' triumphal entry into the city of Jerusalem. Following worship, we will join other downtown churches in a palm procession to St. George's Square (snow, rain or shine).



**Thursday March 20th
@ 7:30PM**

TENEBRAE SERVICE

A service of diminishing light marking Jesus' approach to the Cross

**Friday March 21st
@ 9:00AM**

GOOD FRIDAY

A service expressing the stark reality of the Cross and Jesus' Last Words

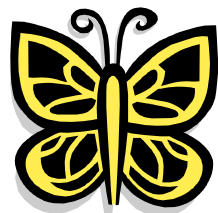
**Sunday March 23rd
@ 10:30AM**

EASTER SUNDAY

*A service celebrating
the resurrection of
Jesus Christ*

with the Sacrament of Holy Communion

Donations Wanted: Chalmers Community Services Centre will be holding a fundraising



sale at Harcourt United church, 87 Dean, on Saturday March 15 from 9am to 2pm. Donations of quality household items, books, collectibles, and small furniture can be dropped off at Harcourt Church from 9am on Monday March 10 to 3pm Friday March 14. Money raised by the sale will go towards funding the Fair Share Food Shelf. Questions can be directed to 519-766-0874.

A **church photo directory** is planned for 2008 as part of the celebration of our 180th Anniversary. The committee will be booking appointments in the New Year for pictures to be taken March 25th to 27th and April 23rd to 26th. If you will not be available on any of these dates, please contact Anne Pennock at 519-824-4008

On The Trail again!

On **Sunday March 30th, 2008**, we return to the Bible Trail with the Book of Haggai. Can you believe it? Only three more books of the Old Testament to go. For those who are new to our congregation, The Bible Trail was launched in September 2006 as a way of increasing our understanding of our sacred scriptures. Our plan is to read, discuss and hear sermons on every book of the Bible from Genesis to Revelation over two and a half years. Looking ahead, we will be relaunching The Trail starting in May with the four Gospels. Look for more information on how to get on track in the coming months. The **Thursday Morning Trail Party begins again on March 27th with Haggai**. We start at 10:00am and depending on discussion conclude around 11:15am. Hope to see you there. If you are interested in starting your own Trail Party, let us know so that we can advertise it and get others on The Trail. Keep on trekkin'.



TOUR GUIDES FOR OPEN DOORS @ ST. ANDREW'S

St. Andrew's is a venue for OPEN DOORS Guelph on **April 26, 2008** to help celebrate our 180th anniversary.

The front foyer of the church will be newly decorated to welcome visitors but we need TOUR GUIDES. The shifts will be 10 am-1pm and 1pm-4pm. Guides will take guests through the church giving information about our history and the church.

May Goodwin will train guides and will give written information so it will be at your fingertips!

I need at least 14 guides/ greeters for the day. I encourage all to consider this-young people are especially encouraged-you will learn great information about St. Andrew's plus the training and tours give you credit for your volunteer hours.

Please call: **ANNE HOLMAN 519.822.0153**

Thank you from Endicott Family:

It is with deep gratitude that we acknowledge the support of the ministers and friends of St. Andrew's throughout the illness and passing of Don Endicott.

Your prayful concerns, visits, notes, cards, and practical support have meant a great deal to our family. Thanks also for your generosity to the "Wells for Sudan" mission project in Don't memory.

Sincerely,

Ann, Susan, Paul and John Endicott

P.S. You will find me in room 274, Riverside Glen, 60 Woodlawn Rd. E, Guelph N1H 8M8



Another Thank you!

Thank you so much St. Andrew's, for your prayers, as well as the many cards and phone calls that I received after my recent "slip trip". Your thoughtfulness and kindness is greatly appreciated.

God Bless,

Fred Gringrich

Upcoming Speakers for Breakfast @ St. Andrew's:

February 16th was our inaugural event where **Marva Wisdom** spoke to us on 'Leadership: Building Community Capacity for Inclusive Engagement'.

On **March 15th**, our own **Margaret Evans** will speak to us about her experiences with Athletes in Action at the 2007 University Games in Thailand in a talk entitled 'Becoming a Prisoner of Christ'.

And our final breakfast for the season will be on **April 19th** with veteran local councilor **Gloria Kovach** joining us.

MISSION CAPSULES: Presbytery of Waterloo-Wellington

Our Gifts to Presbyterians Sharing: help support Knox Presbyterian Church in Crieff, Ontario. Knox is working hard to reach its goal of becoming a self supporting congregation. It has more than doubled its givings since 2000, and continues to grow membership as new families are attracted to the life and ministry of the church and its programs.

In the Event of Emergency

You can leave messages on the church office phone anytime.

Messages are checked regularly including on weekends. In a pastoral emergency, please call your elder, connector or a session member and/or leave a phone message with the church and the minister will return your call as soon as possible.

FOOD DRIVE

We can't help but notice that this month's donations are quite low.....**March 2, 2008 will be the next date for collection, but you can drop it in the cart any time!** All

food collected is given to the Guelph Food Bank and Chalmers Food Pantry. A cash donation would also be greatly appreciated. (You may use 3rd line on Offering Envelope).



SHADOWS

A Service of Tenebrae

St. Andrew's Choir
Flute: Karen Penwarden

Thursday March 20, 2008

7:30pm

St. Andrew's Presbyterian Church

This service of Tenebrae focuses on seven episodes in the Passion and Death of Our Lord. Each section consists of a reading from the gospel of Matthew or Luke, a choral meditation, and a responsive reading from one of the seven penitential psalms.

The interwoven themes of grief, penitence, pity and forgiveness provide the backdrop to the central meaning of this holy season for all Christians. As St. Augustine has written: "In all my adversities, I have not found any remedies so powerful as the passion and wounds of Jesus. In them I sleep securely. In them I rest without fear."

Douglas E. Wagner
Indianapolis, Indiana

New to our Congregation!



Anne and Pieter Wyminga

It was two and a half months after my arrival in Canada from the Netherlands, that I met Anne on a blind date in Hamilton, where she was a nurse. The year was 1959. We married a year later. Our son Jon was born in 1962 in Ottawa where I worked for Lever Brothers. A second son, Bill, also born in Ottawa, came in 1963. My company transferred me to H.O. in Toronto where Anne resumed her nursing career. Later I switched to Pilkington Glass, in planning and marketing. By attending York at night I received my degree in Business Administration. Our third son Paul joined his brothers in 1967, Canada's 100th Anniversary year. 3 boys and no girls was not the balance we wanted. A girl would enrich our family. Lynn came in October 1968. When we collected this treasure in the car from the Children's Aid Society she screamed all the way home. It was a noisy beginning but Lynn proved to be one of the best things in our lives.

Today Jon and his wife Shannon are ministers in the Cariboo; not an easy task by any means. But mission is their calling. They have two daughters, Shelby and Joelle, wonderful kids. Bill and his wife Sue live in Elora. They have two sons, Piet and Bowen, good but noisy kids. Sue works in adult education. Bill's business is construction and what precision work he does! Paul and Toby live in Edmonton where Paul is manager, Aboriginal Affairs in the Alberta Government. Toby is a teacher, and a good one. Their two daughters Parry and Annie are great kids. Lynn lives in Toronto with husband Owen. She is a computer programmer, and an environmentalist and don't you dare come home from shopping with a plastic bag! Owen is in computer animation, a regular wiz. They have two boys, Roel (a Frisian name) and Berend (a Dutch name); I'm honoured.

After I had worked for many years for an American multi national it became high time to fulfill my dream. In 1980 we bought a farm in Colborne, planted 7,000 dwarf trees and turned it into an apple orchard. It was hard work but most satisfying. In the beginning Anne was nursing to help us overcome a meager period. Later she helped me prune trees, do the payroll, and deliver apples in the Peterborough area. Pieter's Appleyard became known for its great apples and its reception during the pick-your-own season. It was a very rewarding time in our lives.

For our retirement we sought a small city with a university and moved here in 2006. We like Guelph for its culture, its music, the Speed River and its people. It's been a good choice.

Saturday Night Supper

The next Saturday Night Supper will be on April 26, 2008. A sign up sheet for volunteer help will be posted in the foyer after worship on Sunday. It will be held at Royal City Church on Quebec Street.



**Ecumenical
Lenten Hymn Sing**

St. Andrew's Presbyterian Church
161 Norfolk Street
Guelph

Sunday March 9, 2008

3 p.m.

Guelph Church Choirs
Centone Brass
The Congregation

"The Lord is my strength and my song, and He has become my salvation; He is my God and I will praise Him,"
Exodus 15: 2.

The entire text block is framed by a decorative border consisting of alternating crosses and floral motifs.

***A Year Long Celebration at St. Andrew's – An Update from
the 180^o Committee***

Your **180^o** Committee is planning a number of events to help celebrate our 180th anniversary, which officially begins on April 27, 2008.

We like to think that after 180 years, St. Andrew's is ***A Place to Call Home***. Some of the special events and activities include:

- ❑ St. Andrews will be part of Door's Open Guelph on April 26th, where some of our history will also be on display
- ❑ Our 180th Anniversary Dinner will be held at the Cutten Club on April 26th with more information on entertainment in a separate mailing
- ❑ Our 180th Anniversary Worship occurs the next day (April 27th) followed by a luncheon and tree planting
- ❑ Launching of a multi-faith Habitat for Humanity project called " My Neighbour's House" where we will take the lead in building (and fund raising) a home in the Guelph area
- ❑ Displaying a map of the world to show the reach of the St. Andrew's family

We are inviting past St. Andrew's members and friends to the kick off to our anniversary celebration to the Anniversary Dinner and to the Anniversary Worship service. Soon you will be receiving a mailing on how you can participate in the celebration.

Sometime throughout the next year you can expect to see new pew bibles, enjoy Guelph's Men's Choir, a celebration of our history, a John McCrae night, a "Come Home for Christmas" program, take a friend to church Sunday, celebrate your own special occasions during coffee hour, and more.

Any ideas that you may have regarding ways to celebrate our 180th let us know. Committee members include John Borthwick, Paul Evans, John Groenewegen, Anne Holman, Ross Pauli, Paul Pennock, Julia Toth.

Submitted by John Groenewegen, **180^o** Committee co-chair